





# Direct Oral Anticoagulants and Antiplatelet agents: Monitoring, Peri-op management, Reversal

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# **Objectives**

- Brief overview of DOACs
- Laboratory monitoring of DOACs
- DOACs Peri-operative management
- DOACs Management of bleeding
- DOACs Reversal with Antidotes
- Peri-operative management of Antiplatelet therapy

## **Approved DOACs**

- "Direct" oral anticoagulants
  - Dabigatran Pradaxa<sup>®</sup>
  - Rivaroxaban Xarelto<sup>®</sup>
  - Apixaban Eliquis<sup>®</sup>
  - Edoxaban Lixiana®
  - \* Direct = no binding to antithrombin required to mediate effect

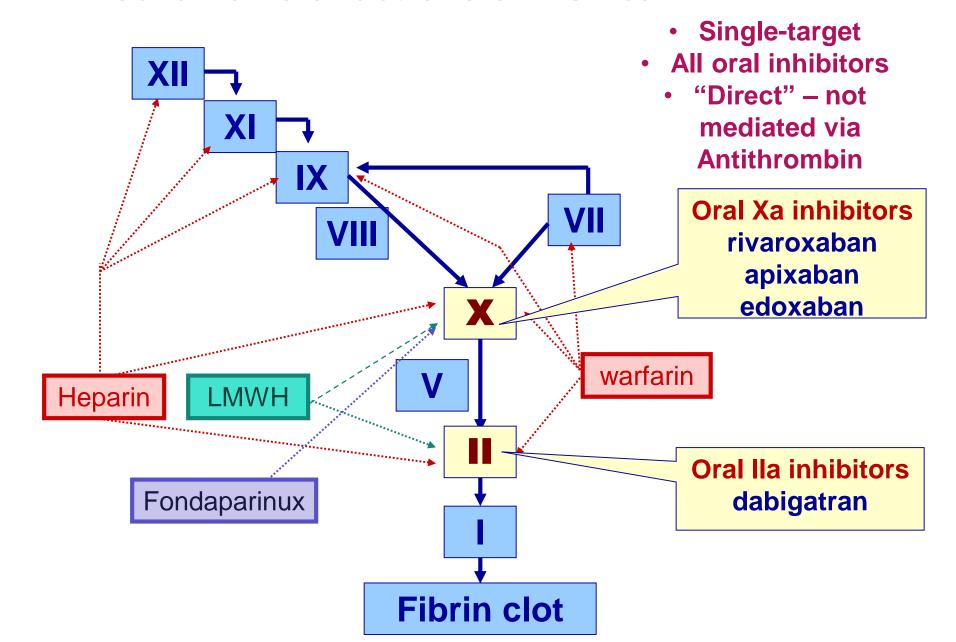








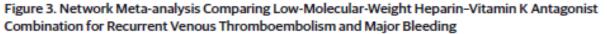
### Mechanisms of actions of DOACs

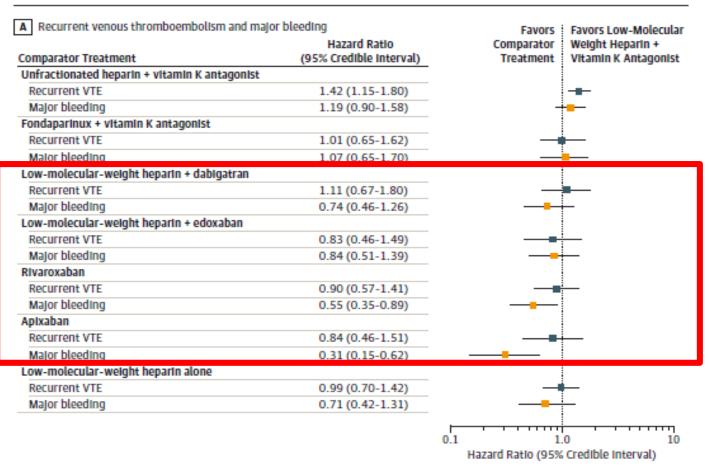


### Meta-analysis: Stroke Prevention in NVAF

- RE-LY, ROCKET AF, ARISTOTLE, ENGAGE AF-TIMI 48
- 42,411 received DOAC, 29,272 received warfarin
- Compared to warfarin, DOACS:
  - Reduced stroke and systemic embolism (RR 0.81; 0.73-0.91; p<0.0001)</li>
  - Reduced hemorrhagic stroke
     (RR 0.49, 0.38-0.64; p<0.0001)</li>
  - Reduced ICH (RR 0.48, 0.39-0.59; p<0.0001)</li>
  - Reduced all cause mortality (RR 0.90, 0.85-0.95;
     p=0.0003)
  - Increased GI bleeding (RR 1.25, 1.01-1.55; p=0.04)

### **Meta-analysis - Acute VTE treatment trials**





### How do you select the appropriate DOAC?

**Indication: SPAF, Renal function** Age **VTE** treatment Thrombosis Risk or Once a day vs. **Bleed risk** twice a day dosing CHADS2 score **Need for Cost (vs. warfarin) Drug interactions** concomitant antiplatelet agents

## There's an app for that!





# Thrombosis Canada Management Tools Anticoagulant selection and dosing in AF TOOLS

Algorithms	Anticoagulant Dosing In Atrial Fibrillation	
Anticoagulant Dosing In Atrial		
Fibrillation	Age (years)	A
Perioperative Anticoagulant Management Algorithm	Weight (kg)	×
Acute Management Algorithms	Serum Creatinine (µmol/L)	
Atrial Fibrillation	Congestive Heart Failure History	
Deep Vein Thrombosis	Hypertension History	
Pulmonary Embolism	Diabetes Mellitus History	
Calculators	Previous stroke or TIA	
CHADS2 Score for Atrial Fibrillation Stroke Risk	History of macrovascular disease (coronary, aortic or peripheral)	
CHA2DS2-VASc Score for Atrial Fibrillation Stroke Risk	Patient has another indication for warfarin therapy (for example, mechan valve, LV thrombus, rheumatic valvular heart disease)	nical heart
Creatinine Clearance (Cockcroft-Gault Equation)	Female Patient	
HAS-BLED Score for Major		
Bleeding Risk		
PERC Rule for Pulmonary Embolism	Reset	
Pulmonary Embolism Severity	Thrombosis Canada  Thrombose Canada  Brought to you by Thrombosis Canada	

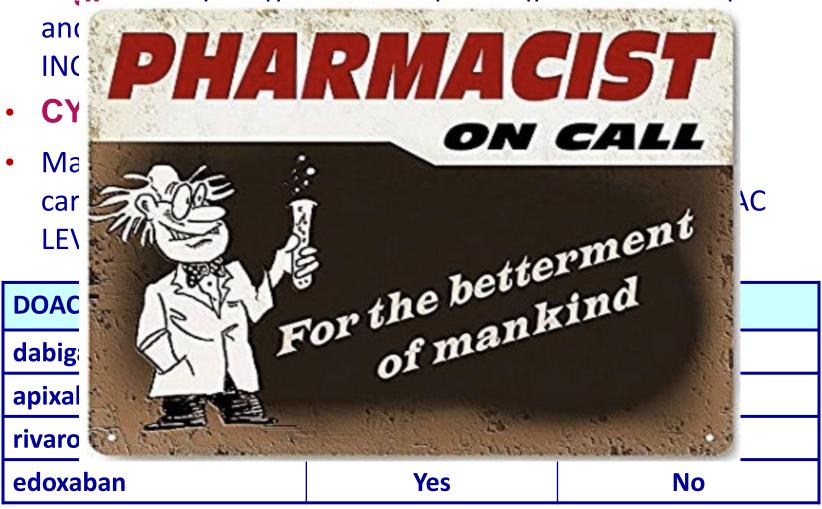
### **Drug-drug interactions: P-gp and CYP3A4 are important**

- P-gp is a key drug efflux transporter (prevents absorption and increases excretion into bile and urine) → MAY INCREASE DOAC LEVELS
- CYP3A4 metabolizes apixaban and rivaroxaban
- Many drugs induce both P-gp and CYP3A4 (phenytoin, carbamazepine, phenobarb, rifampin) → MAY REDUCE
   DOAC LEVELS

DOAC	P-gp	CYP3A4
dabigatran	Yes	No
apixaban	Yes	Yes
rivaroxaban	Yes	Yes
edoxaban	Yes	No

### **Drug-drug interactions: P-gp and CYP3A4 are important**

P-gp is a key drug efflux transporter (prevents absorption)





### **Common P-gp and CYP3A4 inhibitors and inducers**

		P-gp	CYP3A4
Inhibitors	DOAC effect	Verapamil Dronedarone Itraconazole Ketoconazole Voriconazole Clarithromycin	Atazanavir Darunavir Itraconazole Ketoconazole Nefazodone Clarithromycin
Inducers	DOAC effect	Rifampin Carbamazepine Phenytoin Barbiturates St. John's wort	Rifampin Carbamazepine Phenytoin Barbiturates St. John's wort

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Peri-operative management of Antiplatelet therapy

# Coagulation tests are not required to adjust DOAC dosing

# Coagulation tests are not required to adjust DOAC dosing

# But that does not mean that coagulation tests are not affected

### Interpreting routine coagulation screening tests

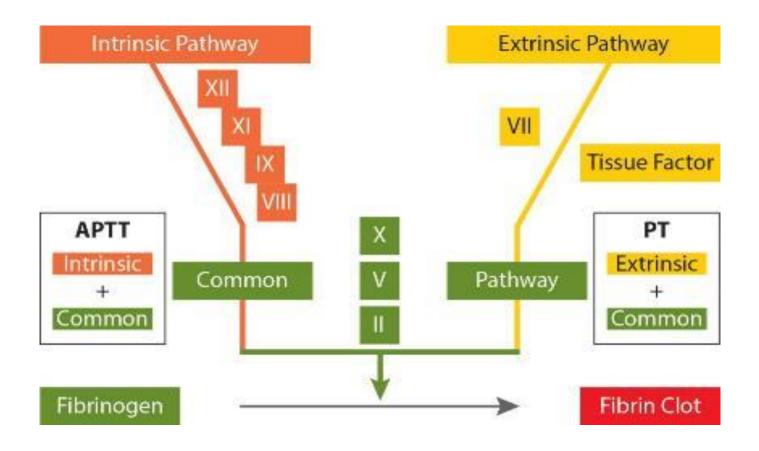
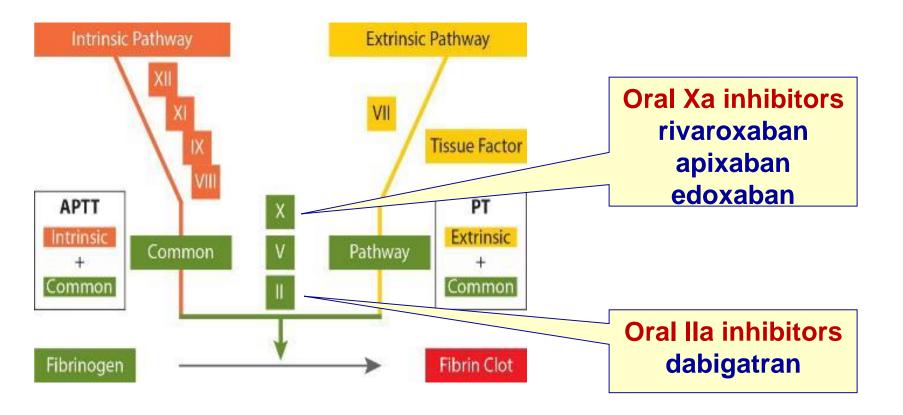


Image Source: BloodyEasy: Coagulation Simplified, Second Edition

Download at: www.transfusionontario.org

### Interpreting routine coagulation screening tests

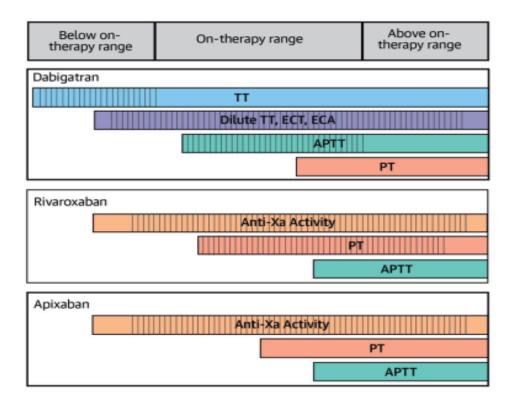


Since Factor X and Factor II are inhibited (both in the common pathway)
both PT and PTT should be elevated

### **DOACs: Effect on coagulation assays**

Laboratory Test¶	Dabigatran	Rivaroxaban, Apixaban or Edoxaban
Prothrombin time (PT) and International Normalized Ratio (INR)¶	Variable effect (usually INR<2.0 at peak blood levels) $^{\dagger}$	Rivaroxaban and edoxaban can increase PT/INR; apixaban has a minimal effect <sup>†</sup>
Activated partial thromboplastin time (aPTT)¶	Non-linear increase <sup>†</sup>	Rivaroxaban and edoxaban can increase aPTT; apixaban has a minimal effect <sup>†</sup>
Thrombin clotting time (TCT) (Not widely available)	Increases TCT <sup>‡</sup> . Normal TCT excludes the presence of dabigatran	No effect
Anti-factor Xa level (Not widely available)	No effect	Can be used to accurately quantify the anticoagulant effect. Specific apixaban, edoxaban, or rivaroxaban calibrators are required
Other specialized tests: Dilute thrombin time assay (dTT) Ecarin chromogenic assay (ECA) and Ecarin clotting time (ECT) (Not widely available)	dTT and ECA/ECT can be used to accurately quantify dabigatran levels	No effect

### **DOACs: Effect on coagulation assays**



**CENTRAL ILLUSTRATION** Sensitivity and Linearity of Coagulation Assays to Below, Within, and Above Typical On-Therapy Concentrations of Dabigatran, Rivaroxaban, and Apixaban

Horizontal bars and vertical hatching correspond to the approximate range of detectability (i.e., sensitivity) and linearity, respectively, of each assay to below, within, and above typical on-therapy concentrations of dabigatran, rivaroxaban, and apixaban. Ranges are approximations and may vary on the basis of choice of reagent. Typical on-therapy drug levels are shown in Table 1. APTT = activated partial thromboplastin time; ECA = ecarin chromogenic assay; ECT = ecarin clotting time; PT = prothrombin time; TT = thrombin time.

### When might you need to obtain a DOAC level?

- Urgent management / reversal needed
  - Bleed
  - Urgent surgery / procedure
  - Intentional overdose
  - Stroke on a DOAC and need to give tPA
- Extremes of weight
- Renal dysfunction
- Malabsorption concerns / short gut
- Drug interactions

### **Quantitative DOAC levels**

- For dabigatran the Hemoclot® assay is based on the thrombin time and calibrated to dabigatran concentration
- For rivaroxaban, apixaban and edoxaban Anti-Xa assays calibrated to the specific drug concentration
- In Ontario there are few academic centres offering these tests
- No immediate access to these tests in even large tertiary centres

# Expected steady-state Peak & Trough concentrations of DOACs (A Fib)

Drug	Dose	Peak (ng/mL)	Trough (ng/mL)
Dabigatran	150 mg bid	64-443	31-225
Rivaroxaban	20 mg daily	189-419	6-87
Apixaban	5 mg bid	91-321	41-230
Edoxaban	60 mg daily	120-250	10-40

Derived from published pharmacokinetic analyses Samuelson et al. Chest 2017;151(1):127-138

# **Expected steady-state Peak & Trough** concentrations of DOACs (A Fib)



#### Do DOAC levels correlate with clinical outcomes?

#### Likely, yes

- Subanalysis of RELY study correlation with dabi plasma concentrations and ischemic stroke and bleeding
- Subanalysis of ENGAGE AF-TIMI 48 study relationship between edoxaban dose, drug level and clinical outcomes
- Prospective Italian Registry, n=565, DOAC levels and followed for clinical outcomes; mean trough levels in patients with high CHADS-VASC scores correlated with thrombosis & mean peak levels with bleeding
- DOAC levels changed clinical management in 77% of cases
   Reilly et al. I Am Coll Cardiol 2014:63:321-

Reilly et al, J Am Coll Cardiol 2014;63:321-8
Ruff et al, The Lancet 2015;385:2288-95
Testa et al, J Thromb Haemost 2018;16:842-8
Testa et al, J Thromb Haemost 2019;17:1064-72
Winthen-Larsen et al, Thromb Res 2019; 175:40-45

### "Evidence" for "safe" DOAC levels

- < 30ng/mL for high risk surgery</li>
- > 50 ng/mL + serious bleeding = consider reversal / antidote
- < 100 ng/mL for IV tPA</li>
- > 200 ng/mL concentration associated with a consistent peri-procedural bleeding risk

BASED ON PK DATA, PUBLISHED SUB-ANALYSES OF THE PHASE 3/4 RANDOMIZED CLINICAL TRIALS, SMALL RETROSPECTIVE STUDIES AND "EXPERT OPINION" GUIDELINES FROM VARIOUS SOCIETIES = "WEAK EVIDENCE"

Levy et al, J Thromb Haemost 2016;14:623-7 Pernod et al, Arch Cardio Dis 2013;106:382-393 Steiner et al, Clin Res Cardiol 2013;102:399-412 Seiffge et al, Circulation 2015; 132:1261-9

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DOACs – Management of bleeding

DOACs – Reversal with Antidotes

Peri-operative management of Antiplatelet therapy

# **Pre-Procedure Stopping of DOACs**

- Consider procedure:
  - Bleeding risk associated with surgery/procedure
  - Whether patient is to receive spinal/epidural anesthesia
- Consider patient factors :
  - Effects of renal function on drug elimination half life
  - Concomitant meds: antiplatelets
- Consider drug factors :
  - Drug elimination half life (with normal renal function)
  - Lab tests accurately measuring anticoagulant effect not widely available and not recommended
  - The correlation between anticoagulant levels and bleeding (or thrombosis) is not well established

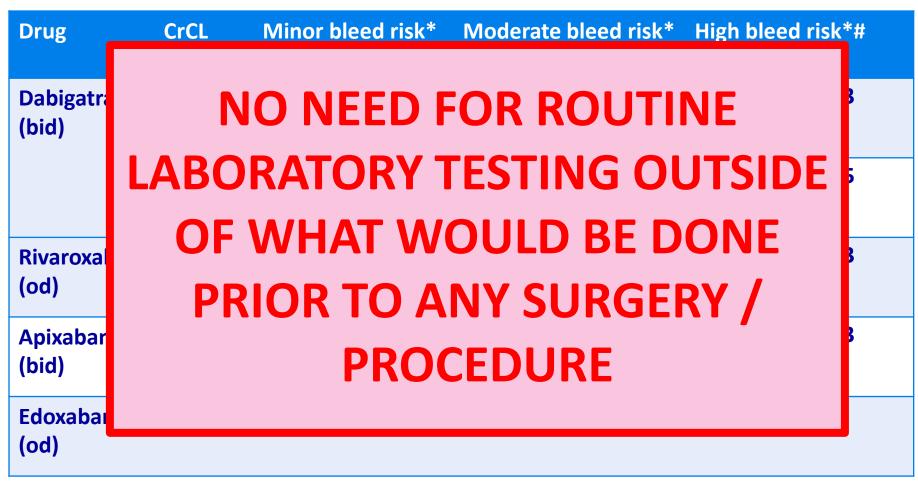
# **Pre-Procedure Stopping of DOACs**

Drug	CrCL mL/min	Minor bleed risk*	Moderate bleed risk*	High bleed risk*#
Dabigatran ≥ (bid)	≥ 50	Last dose DAY -1	Last dose DAY -2	Last dose DAY -3
	30-49	Last dose DAY -1	Last dose DAY -3	Last dose DAY -5
Rivaroxaban (od)	≥ 30	Last dose DAY -1	Last dose DAY -2	Last dose DAY -3
Apixaban (bid)	≥ 30	Last dose DAY -1	Last dose DAY -2	Last dose DAY -3
Edoxaban (od)	≥ 50	Last dose DAY -1	Last dose DAY -2	Last dose DAY-3

\*No anticoagulant on day of procedure # Includes neuraxial procedures

**Bloody Easy: Coagulation Simplified. Second Edition** 

# **Pre-Procedure Stopping of DOACs**



\*No anticoagulant on day of procedure # Includes neuraxial procedures

# PAUSE: Perioperative Anticoagulation Use for Surgery Evaluation



#### **Patients**

3007 patient with atrial fibrillation

Mean CHADS2 2.0-2.2



#### **Anticoagulation**

Apixaban (n=1257)

Rivaroxaban (n=1082)

Dabigatran (n=668)



#### **Procedure**

**Elective surgery** 

High vs. low risk bleed procedure

1/3 high risk bleeding

#### **Intervention:**

- DOAC omitted <u>1 day before low risk</u> bleeding procedure and <u>2 days before high risk</u> bleeding procedure
- DOAC resumed <u>1 day after low risk</u> bleeding procedure and <u>2-3 days after high risk</u> bleeding procedure
- CrCl < 25 mls/min for apix and < 30 mls/mi for riva and dabi excluded</li>

## PAUSE: Outcomes at 30 days post op

DOAC	Major bleeding	Arterial thrombosis	Residual DOAC <50ng/mL
Apixaban	1.35%	0.16%	90.5%
Rivaroxaban	1.85%	0.60%	96.8%
Dabigatran	0.90%	0.37%	95.1%

1007 patients had a high risk bleeding procedure (1/3 of the cohort)

832 (82.6%) had DOAC level assessed – 98.8% were < 50 ng/mL

#### Bleeding after high bleed risk procedures:

2.96% (95% CI, 0%-4.68%) - apixaban cohort

2.95% (95% CI, 0%-4.76%) - rivaroxaban cohort





#### Tools

Menu

Anticoagulant Dosing In Atrial Fibrillation

Perioperative Anticoagulant Management Algorithm

Atrial Fibrillation

Bleed Management

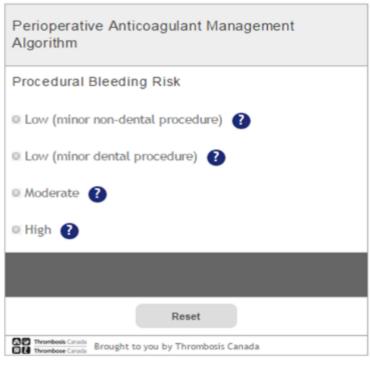
Deep Vein Thrombosis

Pulmonary Embolism

CHADS2 Score for Atrial

# Thrombosis Canada Management Tools Perioperative anticoagulant management algorithm





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DOACs – Reversal with Antidotes

Peri-operative management of Antiplatelet therapy

# In DOAC associated bleeding, consider the following



What drug is the patient on?



When was the last dose?



Is the patient taking drugs that inhibit platelet function?



Is there known kidney disease?

Calculate the CrCl

# DOACs - Non major Bleeding Management

- Bruising, hemorrhoidal bleeding, subconjunctival bleed, self limited epistaxis etc
  - Don't hold DOAC
  - Confirm dose appropriate based on indication, age, weight, CrCl
  - Consider checking CBC, renal function (CrCl)
  - Review concomitant meds which may be contributing (ASA, NSAIDS)

# DOACs - Major, Non Life-threatening Bleeding Management

- Stable GI bleed, severe menorrhagia, severe epistaxis, hematuria requiring medical attention / interventions
  - Hold DOAC
  - Apply local hemostatic measures if applicable
  - Obtain CBC, PT/INR, PTT, Creatinine (calculate CrCl)
  - Determine "likely" drug presence and expected elimination rate
    - time of last dose, half-life and CrCl
  - ? Drug level if available
  - ? Tranexamic acid
  - Transfusion (RBC for symptomatic anemia, platelets if less than 50, Fib concentrate if concomitant low fib), endoscopy etc as indicated
  - Review concomitant meds (ASA, NSAIDS) ?hold, reassess, d/c

# DOACs – Major, Life-threatening, into a critical organ Bleeding Management

#### Unstable GI bleed, ICH etc

- Hold DOAC, Resuscitate, Consult expert
- Apply local hemostatic measures if applicable
- Obtain STAT CBC, PT/INR, PTT, Creatinine (calculate CrCl)
- Determine "likely" drug presence and expected elimination rate – time of last dose, half-life and CrCl
- Transfusion, tranexamic acid\*, endoscopy, surgery, procedural intervention as indicated
- Drug level IF RAPIDLY AVAILABLE if less than 30-50 ng/mL no reversal needed
- ANTIDOTE if available; PCC / FEIBA infusion if not
- Review concomitant meds (ASA, NSAIDS)

<sup>\*</sup> May exacerbate prothrombotic effect when given with other prothrombotic products; consider if giving antidotes or PCC https://thrombosiscanada.ca/clinicalguides/#

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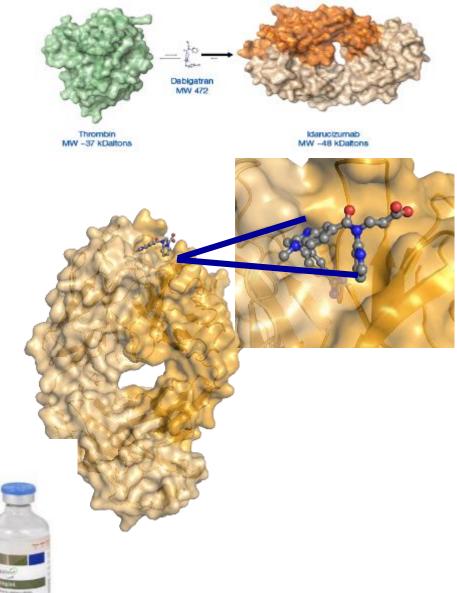
Peri-operative management of Antiplatelet therapy

# Idarucizumab (Praxbind®): Dabigatran Antidote

 Humanized mouse monoclonal antibody fragment (Fab) – specifically and potently binds dabigatran (~350x higher affinity than for thrombin)

 Approved and licensed in Canada since 2016

 Dose – 5 g provided in 2 separate vials with 2.5 g/50 ml at 15 min interval



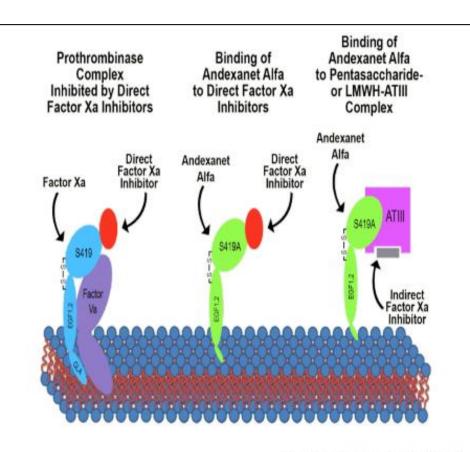
# Idarucizumab – Real world effectiveness

- Denmark, Netherlands, Toronto cohort studies
  - Used for bleeding 43%, 60% and 76% respectively
  - Commonest GI bleeding followed by ICH
  - Commonest OR's requiring anticoagulant reversal were GI, Orthopedic, CV
  - Mortality was almost double (20-25%) in real-world cohorts compared to REVERSE-AD clinical trial (13.5%)
  - 1-3% thrombotic outcomes ATE and VTE
  - Time to administration ~ 4 hours (Toronto experience)

Van der Wall et al. Europace 2019 Haastrup et al. Thromb Res 2021 Abdulrehman et al. RPTH. submitted

# Andexanet Alfa (AnnexXA): Universal Factor Xa inhibitor antidote

- Recombinant, human Factor Xa "decoy"
- Binds and neutralizes
   Factor Xa inhibitors and
   LMWH / pentasaccharide FXa complexes
- Given as a bolus followed by a 2 hour infusion



Original artwork by: Mohammad A. Rattu, PharmD

### **Andexanet Alfa: Current Status**

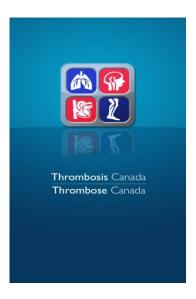
#### ANNEXA-4

- Prospective cohort study
- Population: 352 adults with acute major bleeding on apixaban, rivaroxaban, edoxaban, enoxaparin
- Intervention: bolus of andexanet, followed by a 2-hour infusion
- Outcome:
  - 82% "efficacy" in achieving good to excellent hemostatic control in 12 hours (all surrogate outcomes hematoma volumes, hemoglobin values, Anti-Xa activity)
  - No clinical outcomes like disability (after ICH) / LOS etc
- Anti-Xa activity <u>did not</u> correlate with bleeding outcomes
- 2018 FDA approved based on this study for apixa and riva
- 2019 Open label RCT commenced to compare Andexanet to usual care in ICH assessing clinical outcomes (*ClinicalTrials.gov Identifier: NCT03661528*)
- Costs in US \$25,000 (low dose) to \$50,000 (high dose) selected availability

# **PCCs and Xa inhibitors**

- UPRATE study Prospective cohort in 84 patients using PCC in management of major bleeding with FXa inhibitors
  - 2014-2016 Consecutive patients, 25 Swedish hospitals, major bleeding, on Riva or Apix, 70% ICH, 15.5% GI
  - 1500-2000 U PCC (25 IU/kg)
  - "Hemostatic effectiveness" **58 (69.1%) effective**; 26 (30.9%) ineffective
- Meta-analysis of 340 patients in single arm studies 69 to 77% hemostatic efficacy, 16% all-cause mortality, 4% thrombosis
- Large, multicentre retrospective cohort study 633 patients with ICH (2015-2019), 433 patients included in efficacy analysis (82% good to excellent hemostasis) with 3.8% thrombosis, majority within 14 days of PCC

Majeed et al; Blood August 2017 Piran et al. Blood Adv 2019 Panos Circulation 2020





Tools

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Anticoagulant Dosing In Atrial Fibrillation

Perioperative Anticoagulant Management Algorithm

Atrial Fibrillation

**Bleed Management** 

Deep Vein Thrombosis

Pulmonary Embolism

CHADS2 Score for Atrial

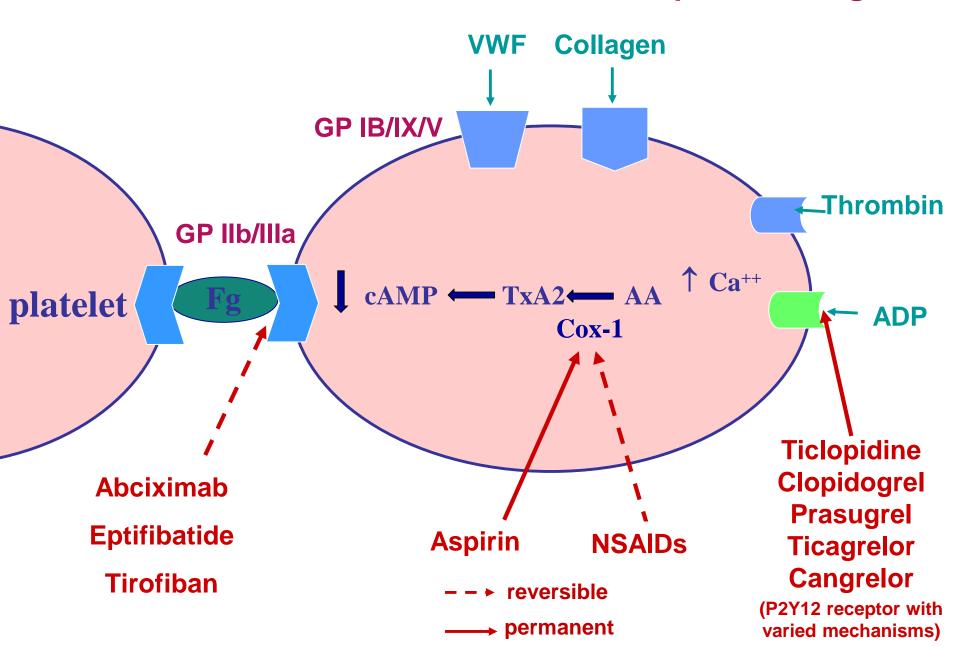
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## Mechanisms of Actions of available Antiplatelet drugs



# **Anti Platelet Therapy and Minor Procedures**

- Dental, Cataract, Skin (biopsy, cancer excision)
   Low bleeding risk diagnostic procedures
  - Continue ASA
  - P2Y12 inhibitor monotherapy safety of continuing unknown so reasonable to hold for 3-4 days
  - Dual Anti platelet therapy Continue ASA, Hold P2Y12 for 5-7 days

## **Antiplatelet therapy and neuraxial procedures:**

American Society of Regional Anesthesia Guidelines 2018

4<sup>th</sup> edition

- Prior to and after neuraxial anesthesia (single injection, catheter techniques, post-op monitoring, catheter removal)
  - NSAIDS/ASA: no specific concerns (unless additional bleeding risks identified)
  - Hold 10 d for ticlopidine, 5-7 d for clopidogrel, 7-10 d for prasugrel,
     Resume 24 hours post-op
  - Clopidogrel / Prasugrel: Can keep catheter in for 1-2 days and resume drug immediately after catheter removal as long as no loading dose administered (if yes, wait 6 hours to remove catheter)
  - Ticagrelor: Hold 5-7 days pre-neuraxial procedure, Resume 24 hours post-op, Do not keep catheter in because of rapid onset of action & resume drug immediately after catheter removal as long as no loading dose administered (if yes, wait 6 hours to remove catheter)

Horlocker et al. 2018 Reg Anesth Pain Med;43: 263-309

# Patients without Coronary Stents: Elective / Non Urgent Non-Cardiac Surgery

- POISE-2 Study RCT on Peri-op APT management in non cardiac surgery in 10,000 patients
  - Continuing ASA did not reduce major adverse CV events or mortality but increased major bleeding
  - Only 4% had coronary stent
  - Excluded: carotid endarterectomy, recent coronary artery stent (6 weeks for BMS, 12 months for DES)
- D/C ASA 7-10 days prior and resume 8-10 days after (except in patients excluded above)

# Patients with Coronary Stents: Elective / Non Urgent Non-Cardiac Surgery

- Sub-study of POISE-2 Study 470 patients with previous PCI and cardiac stents
  - Continuing ASA will prevent 59 MI but cause 8 major bleeds / 1000 patients
- PCI with BMS Delay surgery for at least 1 month after PCI,
   Continue ASA peri-op when possible, Hold clopidogrel and ticagrelor for 5-7 days and prasugrel 7-10 days
- **PCI with DES** Delay surgery for at least 3 months; if semi-urgent at least 1 month after PCI. Continue ASA, Hold clopidogrel and ticagrelor for 5-7 days and prasugrel 7-10 days.
- Restart maintenance dose DAPT as soon deemed safe by surgeon

## Patients on DAPT undergoing CABG

- Continue ASA in all ACS patients who need CABG
- Ticagrelor and Clopidogrel
  - Semi-urgent CABG minimum interruption of 48-72 hours
  - Elective CABG 5 days
- Prasugrel
  - Semi-urgent CABG minimum interruption of 5 days
  - Elective CABG 7 days

Mehta et al. 2018 CCS/CAIC Focused Update of Guideline for use of APT. Can J Cardiol 2018

# **Urgent / Emergent Reversal of antiplatelet therapy**

- Consider Desmopressin meta-analysis of RCTs to reverse platelet dysfn after cardiac surgery - reduced RBC, blood loss and re-operation
- Platelet transfusion for ICH Neurocritical Care Society and Society of CCM guidelines (2016), PATCH trial (2016)
  - DO NOT GIVE PLTS UNLESS NEUROSURGERY PLANNED (regardless of drug, platelet function testing, hemorrhage volume or neuro exam)
  - Give pre-neurosurgery for ICH after platelet function testing if available, empirically if not available; If lab documented function is normal DON'T GIVE PLTS
  - Post NSAID or Gp2b3a inhibitors NO PLTS EVEN IF NEUROSURG
  - Yes for Desmopressin

Desborough et al. 2017 JTH;15:263-72 Frontera et al. 2016 Neurocrit Care;24(1):6-46 PATCH trial, Lancet;387:2605-13

### **Urgent / Emergent Reversal of antiplatelet therapy**

#### Consider Tranexamic acid

- Strong evidence supporting safety and efficacy in many severe bleeding indications
- Easily available
- Inexpensive
- Meta-analysis of 7 trials using TXA to reduce surgical bleeding related to antiplatelet monotherapy or DAPT showed reduction in blood loss, re-operation, blood/platelet transfusion (2020)

### Specific reversal agents for antiplatelet agents

Phase 3 clinical trials

Fischer et al. Cureus 2020; 12(9):e10290. doi: 10.7759

# **DISCUSSION**